

Client - Therapist Agreement

Agreement

This agreement details the terms and conditions concerning our work together and is between the Client:

(Client name) and Kate Kotlarska (the Therapist)

1. The agreement to work on the issues presented by the Client in no way guarantees a cure.
2. Appointments are charged at a rate of £100 per session.
3. Fees are payable via credit or debit card, Apple Pay or via Bank Transfer and payable within 7 days of the session.
4. Sessions will be scheduled at the mutual convenience of the Therapist and the Client.
5. Contact between sessions may be by email or text, you may email or text the Therapist with important news, or if you are experiencing some difficulties and would like support related to your treatment. If required, a brief telephone call may be arranged for this purpose and may be requested by email or text. The Therapist may email or text you if there is something to share in between sessions.
6. Behaviour by the Client, which is deemed to be antisocial by the Therapist, will cause the immediate cessation of treatment.
7. Confidentiality will be maintained in all but the most exceptional circumstances. These can only include: legal action (criminal or civil court cases where a court order is made demanding disclosure – includes coroner's courts) and where there is a good cause to believe that not to disclose would cause danger of serious harm to self or others. Most standards of confidentiality applied in professional contexts are based on the Common Law concept of confidentiality where the duty to keep confidence is measured against the concept of 'greater good'. The sharing of anonymous case histories with supervisors and peer-support groups is not a breach of professional confidentiality. The sharing of open case histories with supervisors and any referring NHS medical practitioner is also not a breach.
8. Notes of sessions will be kept and are available for the Client to view, but not removed from the Therapist's premises, at a mutually convenient time and with reasonable notice.

9. Sessions may be recorded. Prior to any recording, your agreement will be sought. Recordings will remain confidential in all but the most exceptional circumstances described in Clause 7 above.
10. The Client confirms that they are not suffering from any diagnosed psychiatric condition, psychological illness or epilepsy and are not under the supervision of a psychiatrist. By signing below, the client confirms that they have never been diagnosed with any such conditions including schizophrenia, bi-polar disorder, personality disorder, narcolepsy any form of psychotic episode and that any current or previous history of psychiatric or psychological illness or epilepsy has been disclosed on the Therapist's Client Information Form.
11. The Client confirms that they understand that Hypnotherapy MP3 files provided for the Client by the Therapist for use by the Client in between sessions should not be listened to whilst driving, operating machinery or undertaking any other activity where concentration is required. Any such MP3 file provided is for the Client's personal use and must not be lent, copied or sold under any circumstances.
12. Cancellation of an appointment by the client with a notice period of less than 24 hours will be charged at 50% of the agreed fee, at the discretion of the therapist. Any appointment cancelled by the therapist will not be charged.
13. These Terms are governed by the law of England & Wales and are subject to the exclusive jurisdiction of the Courts of England and Wales.
14. I consent to the collection and storage of my personal data by the therapist for the purpose of confidential client notes. This data will not be shared with any other party other than in exceptional circumstances as noted in clause 7 above.

Signed (Client):

Print Name:

Date: